Table of contents

Volume 1

Front section
List of figures and images i
List of tables vii
ACEM procedure list x
ACEM curriculum descriptors and learning objectives xi
Abbreviations xiv

Resuscitation

Chapter 1
Life support
International resuscitation guidelines 2010 1
Cardiac arrest 1
Basic life support 2
Advanced cardiac life support 6
Post arrest care 9

Chapter 2
Organisation of resuscitation
Resuscitation teams 14
Patient relatives and resuscitation 15
Assessment of physiological disturbance 15
Physiological monitoring 16

Chapter 3
Airway management
Anaesthetic equipment 22
Bag mask ventilation 23
Induction agents 25
Inhalational anaesthetic agents 29
Neuromuscular physiology 30
Neuromuscular blockade 31
Suxamethonium 31
Non depolarising neuromuscular blocking agents 32
Intubation equipment 33
Endotracheal intubation 36
Difficult intubation 40
Difficult intubation equipment 41
Post intubation care 45
Endotracheal extubation 46
Other airway techniques 47
Surgical airway techniques 48
Paediatric airway management 50
Airway management in trauma 52
Airway management in obesity 53
Airway management in critical hypoxia or poisoning 54
Anaesthetic risk 55
Malignant hyperthermia 55
Procedural sedation 57

Chapter 4
Respiratory management
Introduction 60
Oxygen therapy 61
Continuous positive airway pressure (CPAP) 64
Non invasive ventilation 64
Ventilation 66
Ventilation in special circumstances 71

Chapter 5
Cardiac arrhythmias
Introduction 72
Ventricular arrhythmias 75
Sudden cardiac death 79
Assessment of atrial fibrillation or flutter 81
Atrial fibrillation / flutter arrhythmia management 83
Stroke prevention in atrial fibrillation / flutter 88
Supraventricular tachycardia 91
Carotid sinus massage 96
Other arrhythmias 97
Bradycardias 100
Anti-arrhythmic drugs 103
Electrical cardioversion 106
Pacemakers 109
Complications of pacemakers 114
Syncope 118
Chapter 6
Circulatory assessment and management
Peripheral intravenous access 121
Intravenous cannulae 121
Peripheral intravenous access sites 122
Peripheral intravenous catheter insertion technique 123
Difficult intravenous access 125
Central venous access 128
Central venous access technique 130
Central venous pressure (CVP) measurement 132
PICC lines 132
Arterial access 133
Intravenous fluids 135
Pathophysiology of shock 138
Types of shock 139
Assessment of shock 140
Management of shock 141
Assessment of intravascular volume 144
Treatment of hypovolaemia 146
Transfusion therapy 149
Complications of transfusion 150

Chapter 6
Special blood products 153
Packed cell transfusion 153
Clotting factor replacement 154
Platelet transfusion 156
Adjuncts to transfusion therapy 157
Assessment of sepsis 157
Management of sepsis 160
Cardiac output measurement 162
Inotropes and pressor agents 165
Mechanical cardiovascular support 168
Hypertension 171
Drugs for hypertensive emergencies 172
Other anti-hypertensive agents 174
Diuretics 174
Drugs acting on the renin-angiotensin system 175
Beta blockers 177
Calcium channel antagonists 178
Centrally acting agents and vasodilators 179

Chapter 7
Brain injury management
Intracranial pressure 182
Assessment of intracranial pressure 182
Imaging features of raised intracranial pressure 183
Cerebral reperfusion injury 184
Prevention of secondary brain injury 185

Chapter 8
Paediatric resuscitation
Paediatric cardiac arrest 188
Paediatric resuscitation 189
Paediatric vascular access 191
Paediatric trauma 191
Neonatal resuscitation 192

Chapter 9
Analgesia
Acute pain management 195
Opioids 197
Non steroidal anti-inflammatory drugs (NSAIDs) 199
Chronic pain 201
Local anaesthesia 201
Regional anaesthesia 203
Intravenous regional anaesthesia 206

Clinical practice skills

Chapter 10
Patient safety
Patient safety 209
Clinical decision making 214
Communication 217
The medical record 221
Discharge planning 223
Violence 225
Domestic violence 229

Chapter 11
Professional skills
Personal skills 231
Leadership 234
Supervision 235
Teamwork 238
Committees 240
Conflict management 242
Clinical skills 244
Professionalism 247
Medical education 248
Structured educational sessions 250
Educational techniques 252
International medical graduates 252
<table>
<thead>
<tr>
<th>Chapter 12</th>
<th>Culture</th>
<th>Culture 256</th>
<th>Aboriginal and Torres Strait Islander health 260</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 13</td>
<td>Special patients and situations</td>
<td>\begin{itemize} \item Aging 264 \item Obesity 267 \item Complementary medicine 269 \item Patients who did not wait 271 \item Consent 272 \item Refusal of treatment 275 \item Frequent attenders to the ED 277 \item Drug seeking behaviour 277 \item Special status patients 278 \item The health care professional as patients or relatives 279 \item Health care of prisoners 281 \item Media interactions 282 \item Determining the extent of medical treatment 284 \item Palliative care 285 \item Bereavement 287 \item Coroners acts 292 \end{itemize}</td>
<td></td>
</tr>
<tr>
<td>Chapter 14</td>
<td>Cardiac investigations</td>
<td>\begin{itemize} \item Electrocardiography 293 \item Cardiac axis 296 \item Disorders of cardiac conduction 297 \item The ECG and abnormal cardiac chambers 300 \item Ion effects on the ECG 300 \item Echocardiography 303 \item Other cardiac investigations 306 \end{itemize}</td>
<td></td>
</tr>
<tr>
<td>Chapter 15</td>
<td>Medical imaging</td>
<td>\begin{itemize} \item General approach to medical imaging 308 \item Computerised tomography 309 \item Radiation and diagnostic imaging 311 \item Ultrasonography 313 \item Nuclear medicine 316 \item Magnetic resonance imaging 318 \item Intravenous contrast 319 \end{itemize}</td>
<td></td>
</tr>
<tr>
<td>Chapter 16</td>
<td>Clinical biochemistry</td>
<td>\begin{itemize} \item Specimen collection 321 \item Interpretation of investigation results 322 \item Assessment of test performance 323 \item Test turnaround time 326 \item The approach to blood gas analysis 326 \item Blood gas analysis 327 \item Acid-base disorders 329 \item Acidosis 330 \item Metabolic acidosis 331 \item Respiratory acidosis 335 \item Alkalosis 336 \item Sodium 338 \item Hyponatraemia 339 \item Hypernatraemia 343 \item Chloride 344 \item Potassium 345 \item Hypokalaemia 345 \item Hyperkalaemia 348 \item Urea &amp; creatinine 350 \item Calcium 351 \item Hypercalcaemia 353 \item Hypocalcaemia 355 \item Magnesium 356 \item Hypomagnesaemia 356 \item Hypermagnesaemia 357 \item Phosphate 358 \item Hypophosphataemia 358 \item Hyperphosphataemia 360 \item Liver function tests 360 \item Serum proteins 364 \item The blood film 368 \item Other investigations 369 \item Coagulation testing 370 \end{itemize}</td>
<td></td>
</tr>
<tr>
<td>Chapter 17</td>
<td>Haematological investigations</td>
<td>\begin{itemize} \item Haemoglobin 366 \item White blood cells 366 \item Platelets 368 \end{itemize}</td>
<td></td>
</tr>
<tr>
<td>Chapter 18</td>
<td>Clinical pharmacology</td>
<td>\begin{itemize} \item Pharmacological principles 373 \item Pharmacodynamics 374 \item Pharmacokinetics 376 \item Drug metabolism 377 \end{itemize}</td>
<td></td>
</tr>
<tr>
<td>Research skills</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------------</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 19</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Analysing medical literature</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The medical literature 389</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The scientific paper 391</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sections of a scientific paper 393</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Analysis of the medical literature 396</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 20</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Study design</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Research projects 399</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ethics of research 399</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Experimental design 400</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Enrolment and randomisation 403</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outcome measures 405</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trial registration 406</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 21</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Data and statistics</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Statistical definitions 407</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Data collection 407</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Data description 409</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Data display 412</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Probability 413</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Measures of association 414</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Statistical power 415</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inferential statistics 416</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Comparison of variables between groups 417</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Correlations between variables 420</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 22</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical systems management</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency medicine 423</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency department management 425</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Triage 427</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency department design 431</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Short stay medicine 433</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Information systems 434</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical practice guidelines 436</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quality improvement 437</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clinical indicators 439</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency department overcrowding 440</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time limited ED care targets 443</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Patient satisfaction 446</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Financial issues 450</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 23</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staff management</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Performance management 456</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Work stress 457</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rosters 459</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ED staffing 460</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 24</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medicolegal medicine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medicolegal issues 462</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medicolegal reports 464</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Court appearances 465</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 25</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chest pain and cardiovascular disorders</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non ACS chest pain</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evaluation of chest pain 467</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pulmonary embolism (PE) 467</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investigations in PE - non imaging 472</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investigation in PE - imaging 474</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management of PE 479</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PE in special populations 482</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non thrombotic embolism 484</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thoracic aortic dissection 485</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pericarditis 489</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Table of contents

## Chapter 26

**Acute coronary syndromes (ACS)**
- Clinical assessment of suspected ACS 495
- The ECG in acute coronary syndromes 496
- Cardiac biomarkers in ACS 505
- Troponins in ACS 505
- Non ACS causes of elevated troponins 507
- Other cardiac biomarkers 508
- Other diagnostic modalities in ACS 509
- Coronary artery disease 511
- Definition of AMI 513
- Complications of AMI 514

## Chapter 27

**Structural heart disease**
- Cardiovascular examination 535
- Cardiac auscultation 537
- Aortic stenosis 539
- Aortic regurgitation 542
- Mitral stenosis 543
- Mitral regurgitation 544
- Tricuspid & pulmonary valve lesions 545
- Prosthetic heart valves 546
- Cardiac murmur differentiation 550

## Chapter 28

**Cardiac failure**
- Determinates of cardiac output 568
- Cardiac failure 569
- Cardiomyopathy 570

## Chapter 29

**Pericardial & myocardial disease**
- Pericardial tamponade 578
- Acute myocarditis 581

## Chapter 30

**Vascular emergencies**
- Peripheral ischaemia 585
- Arterial occlusion 586
- Gangrene 587
- Thromboangitis obliterans 587
- Takayasu’s arteritis 588

## Chapter 31

**Venous disease**
- Varicose veins 593
- Oedema 593
Volume 2

Respiratory disorders

Chapter 32
Respiratory assessment

Respiratory examination 595
Chest imaging 598
The paediatric chest X-ray 601
Diffuse pulmonary opacity 602

Pulmonary masses 606
Pulmonary fibrosis 608
Mediastinal masses 610
Respiratory function tests 611

Chapter 33
Respiratory disease

Shortness of breath 613
Asthma 613
Assessment of asthma 614
Acute asthma management 616
Bronchodilator agents 619
Management of life threatening asthma 622
Long term asthma management 624
Chronic obstructive pulmonary disease 625
Assessment of COPD 626
Management of COPD 628
Bronchiectasis 631
Home oxygen therapy 632

Tracheobronchial foreign bodies in children 633
Carcinoma of the lung 635
Sleep apnoea syndrome 638
Bronchitis 639
Community acquired pneumonia (CAP) 639
Infectious agents causing CAP 641
Pneumonia scoring systems 644
Management of CAP 646
Pulmonary aspiration 648
Acute respiratory distress syndrome 650

Chapter 34
Pleural diseases

Abnormal intrathoracic gas 652
Assessment of pneumothorax 655
Management of pneumothorax 658

Pleural effusion 664
Parapneumonic effusion & empyema 667

Abdominal disorders

Chapter 35
General gastroenterology

Examination of the abdomen and GIT 669
Antiemetics 675
Perianal problems 676

Rectal foreign bodies 678
Gastrointestinal devices 679

Chapter 36
Abdominal pain

Assessment of abdominal pain 681
Ultrasound of the bowel 683
Causes of abdominal pain 684
Uncommon causes of abdominal pain 687
Appendicitis 688
Bowel obstruction 693
Nasogastric tube insertion 698
Hernias 699
 Infective gastroenteritis 701
Alcoholic ketoacidosis 704

Abdominal aortic aneurysm 705
Other abdominal aneurysms 709
Mesenteric ischaemia 709
Peptic ulcer disease 711
Pancreatitis 715
Biliary disease 718
Cholecystitis 720
Diverticular disease 722
Inflammatory bowel disease 723
Irritable bowel syndrome 725

Chapter 37
GIT haemorrhage

Upper GI haemorrhage 726
## Lower intestinal haemorrhage 729

### Chapter 38  
**Liver disease**
- Hepatic diseases 731
- Ascites 734
- Spontaneous bacterial peritonitis (SBP) 736
- Jaundice 738
  - Infectious hepatitis 738
  - Reye’s syndrome 742
  - Acute liver failure 742
  - Hepatic tumours 743

### Chapter 39  
**GIT tumours**
- Gastric carcinoma 745
- Pancreatic carcinoma 745
  - Colonic carcinoma 746
  - Carcinoid 747

### Chapter 40  
**Dysphagia**
- Dysphagia 749
- Gastrointestinal foreign bodies 751

### Neurological disorders

### Chapter 41  
**Neurological assessment**
- Assessment of cognition 753
- Assessment of speech 753
- Cerebral lobe function 754
- Cerebellar function 756
- Contents of skull foramina 758
- Cranial nerve examination 759
- Assessment of olfactory function 760
- Assessment of vision 760
- Pupillary abnormalities 762
- Abnormal eye movements 764
- Assessment of trigeminal nerve function 766
  - Assessment of facial weakness 767
  - Vertigo 769
  - Assessment of hearing 772
  - Assessment of lower cranial nerve function 772
  - Peripheral nervous system examination 774
  - Brain death 779
  - The head CT 781
  - Neurological investigations 783
  - Nerves of the upper limb 784
  - Nerves of the lower limb 787

### Chapter 42  
**Stroke**
- Cerebrovascular disease 790
- Stroke 793
- Stroke syndromes 794
- Intracerebral haemorrhage 795
- Stroke assessment tools 796
  - Investigation of stroke 798
  - Stroke management 802
  - Thrombolytic therapy in stroke 805
  - Carotid and vertebral artery dissection 810

### Chapter 43  
**Headache**
- Headache 813
- Primary headaches 813
- Secondary headaches 814
- Subarachnoid haemorrhage 815
- Investigation of suspected SAH 818
- Management of aneurysmal SAH 820
- Meningitis 822
- Encephalitis 826
  - Lumbar puncture 827
  - Intracranial hypotension 830
  - Migraine 831
  - Idiopathic intracranial hypertension 834
  - Hydrocephalus 835
  - Cerebral venous sinus thrombosis 838
  - Cerebral tumours 839
  - Cerebral ventricular shunts 842

### Chapter 44  
**Seizures**
- Seizures 846
- Assessment of isolated seizures 848
- Management of isolated seizures 850
  - Status epilepticus 851
  - Anti-convulsants for immediate seizure control 852
Table of contents

Anti-convulsants for seizure prevention 853

Chapter 45

Altered mental state
Altered mental state 858
Coma and altered conscious state 859

Neuroleptic malignant syndrome 862

Chapter 46

Weakness
Non traumatic spinal cord disorders 864
Multiple sclerosis 867
Neuropathies and myopathies 869
Guillain barré syndrome 869
Botulism 871
Diphtheria 871
Tetanus 872

Myasthenia gravis 873
Eaton Lambert syndrome 874
Polymyositis 874
Muscular dystrophies 874
Metabolic paralysis 875
Motor neurone disease 876
Polio 876

Chapter 47

General neurology
Parkinson’s disease 877
Other movement disorders 878

Peripheral neuropathy 879
Phakomatoses 880

Endocrinology

Chapter 48

Diabetic emergencies
Diabetes mellitus 883
Insulin therapy 884
Other hypoglycaemic agents 885
Chronic care and complications of diabetes 887

Hypoglycaemia 889
The diabetic patient with unstable blood sugars 890
Diabetic ketoacidosis 891
Hyperglycaemic hyperosmolar state 893

Chapter 49

Other endocrine disorders
Adrenal insufficiency 895
Cushing’s syndrome 897
Pituitary insufficiency 899
The Thyroid 900
Hyperthyroidism 901

Thyroid storm 902
Hypothyroidism 903
Breast lumps 905
Breast carcinoma 906
Anabolic steroids 907

Infectious disorders

Chapter 50

General infectious diseases
Non-infective fevers 909
Bacterial cultures 909
Cytomegalovirus infection 911
Epstein-Barr virus infection 912

Toxoplasmosis 913
Infective gastroenteritis 914
Cryptococcal disease 915

Chapter 51

Infection control
Epidemiology of infectious disease 917
Infection control 918
Drug resistant Staph aureus 921
Immunisation 922
Available vaccines 922

Australian immunisation schedule 925
New zealand immunisation schedule 926
Disinfection 926
Body fluid exposure 927
Table of contents

Notifiable diseases 930

Chapter 52

Antimicrobials
Principles of antibiotic therapy 931
Penicillins and beta-lactams 932
Aminoglycosides 934
Macrolides 935
Tetracyclines 936
Sulphonamides and fluoroquinolones 936

Anaerobic cover 937
MRSA cover 937
Other antimicrobials 938
Outpatient antibiotic therapy 938
Antiviral drugs 939

Chapter 53

Respiratory infections
Tuberculosis 943
Influenza 944
Respiratory Coronavirus infections 946

Chapter 54

Skin and soft tissue infections
Cellulitis 949
Gas gangrene & necrotising fasciitis 952
Herpes simplex 953
Varicella-zoster infections 955

Chapter 55

Sexually transmitted diseases
STD presentations 958
Gonorrhoea 958
Chlamydial infections 959
Syphilis 960
HIV infection 961

Chapter 56

The febrile traveller
The febrile traveller 967
Malaria 968
Traveller’s diarrhoea 971
Salmonella disease 971
Dengue fever 973
Ross river fever 974
Melioidosis 975
Rickettsial disease 975
Parasitic diseases 976
Other viral infections 978

Chapter 57

Infections from animals
Hydatid disease 980
Q fever 981
Brucellosis 982
Rabies 983

Chapter 58

Biological warfare agents
Biological warfare agents 985
Anthrax 985
Plague 987
Smallpox 988
Tularemia 989
Botulism 990
Viral haemorrhagic fevers 992

Paediatrics

Chapter 59

General paediatrics
Assessment of children 995
Assessment of adolescents 996
Physiological and anatomic differences in children 997
The limping child 999
Paediatric malignancy 1000
Non accidental injury 1002
Sudden infant death syndrome 1004
Attention deficit disorder 1005
Intellectual disability 1005
# Table of contents

## Autism 1007

### Chapter 60  
**Infections in children**

- The febrile child 1009  
- Measles 1012  
- Rubella 1013  
- Varicella / Chickenpox 1014  
- Mumps 1014  
- Infectious mononucleosis 1015  
- Erythema infectiosum 1015  
- Roseola infantum 1016  
- Hand foot and mouth disease 1016  
- Gianotti-Crosti syndrome 1016  
- Scarlet fever 1017  
- Urinary tract infection in children 1017  
- Paediatric meningitis 1019  
- Meningococcal disease 1021  
- Other inflammatory conditions 1022

### Chapter 61  
**Respiratory disease in children**

- Wheeze in childhood 1025  
- Bronchiolitis 1025  
- Croup 1028  
- Pertussis / parapertussis 1029  
- Paediatric pneumonia 1031  
- Cystic fibrosis 1032

### Chapter 62  
**Abdominal disease in children**

- Paediatric gastroenteritis 1034  
- Paediatric abdominal conditions 1036  
- Foreign body ingestion 1039

### Chapter 63  
**Neonatal problems**

- Neonatal problems 1041  
- Neonatal jaundice 1041  
- Neonatal fever and sepsis 1042  
- The crying baby and failure to thrive 1043  
- Neonatal skin disorders 1044  
- Neonatal cardiovascular problems 1045

## Mental health

### Chapter 64  
**Mental health in the ED**

- Emergency mental health services 1047  
- Evaluation 1049  
- Medical clearance in mental illness 1051  
- Mental health legislation 1052

### Chapter 65  
**Mental health disorders**

- Classification of psychiatric illness 1054  
- Affective disorders 1055  
- Self harm 1057  
- Suicide risk 1058  
- Bipolar disorder 1059  
- Antidepressant medications 1061  
- Psychosis 1063  
- Antipsychotic medications 1065  
- Anxiety disorders 1068  
- Torture & trauma 1069  
- Somatoform disorders 1070  
- Eating disorders 1072

## Obstetrics and gynaecology

### Chapter 66  
**Gynaecology**

- Gynaecological examination 1075  
- Abnormal vaginal bleeding 1076  
- Other genital infections 1079  
- Gynaecological disorders 1081  
- Ovarian hyperstimulation syndrome 1083  
- Sexual assault 1084  
- Contraception 1085
## Table of contents

### Menopause

**Chapter 67**

**Pelvic pain**
- Miscarriage 1088
- Dysfunctional uterine bleeding 1088
- Ectopic pregnancy 1089
- Pelvic inflammatory disease 1091
- Dysmenorrhoea 1093
- Ovarian cysts 1094
- Endometriosis 1095

### Obstetrics

**Chapter 68**

- Pregnancy 1097
- Termination of pregnancy 1099
- Changes in pregnancy 1100
- Hyperemesis gravidarum 1102
- Antepartum haemorrhage 1102
- Hypertension in pregnancy 1104
- Premature labour 1108
- Normal labour & delivery 1109
- Electronic monitoring of labour 1111
- Abnormal presentations 1112
- Amniotic fluid embolism 1113
- Other complications of labour 1114
- Post-partum haemorrhage 1114
- The normal puerperium 1116
- Rh Isoimmunisation 1117
- Drugs in pregnancy and lactation 1119
- Radiation in pregnancy and lactation 1121
- Trauma in pregnancy 1122

### Urogenital disorders

**Chapter 69**

- Kidney ureter and bladder anatomy 1125
- Urinalysis 1125
- Other diagnostic procedures 1127
- Loin pain 1128
- Macroscopic haematuria 1130
- Renal calculi 1131
- Urinary tract infection in adults 1134
- Prostatitis 1136
- Urinary retention 1137
- Urinary catheterisation 1138
- Renal calculi 1131
- Urinary tract infection in adults 1134
- Prostatitis 1136
- Urinary retention 1137
- Urinary catheterisation 1138

**Chapter 70**

- Scrotal emergencies 1142
- Priapism 1146
- Other urogenital problems 1147
- Benign prostatic hypertrophy 1148
- Prostatic carcinoma 1149

**Chapter 71**

- Nephrotic & nephritic syndromes 1151
- Glomerulonephritis: Nephritic presentation 1151
- Glomerulonephritis: Nephrotic presentation 1152
- Polycystic kidney disease 1153
- Renal tumours 1155
- Bladder tumours 1156
- Other renal abnormalities 1157
- Acute kidney injury 1158
- Chronic kidney disease 1160
- Peritoneal dialysis 1161
- Haemodialysis 1162
- Haemofiltration 1163
- Extracorporeal vascular access 1164
- Renovascular problems 1164
- Renal transplantation 1165
Volume 3

Haematological disorders

Chapter 72

Anaemia
Anaemia 1167
Microcytic anaemia 1168
Macrocytic anaemia 1170
Normochromic anaemia 1172

Anaemia 1167
Haemolytic anaemia 1173
Haemoglobinopathies 1175
HbS - Sickle cell disease 1175
Other haemoglobinopathies 1178

Chapter 73

Abnormal haemostasis
Normal haemostasis 1180
Petechiae 1183
Thrombocytosis 1184
Thrombocytopenia 1185
Idiopathic thrombocytopenic purpura (ITP) 1186

Normal haemostasis 1180
Thrombotic microangiopathies 1187
Qualitative platelet defects 1189
Disorders of clotting 1190
Haemophilia 1191
Disseminated intravascular coagulation 1193

Chapter 74

Venous thrombosis
Thrombophilia 1195
Superficial thrombophlebitis 1197
Deep venous thrombosis 1198
Upper limb venous thrombosis 1204
Heparin 1205

Thrombophilia 1195
Warfarin 1207
Managing warfarin therapy 1209
Reversal of anti-coagulation 1210
Other anticoagulants 1212
Vena caval filters 1214

Chapter 75

Oncology
Bone marrow 1216
Leukaemia 1216
Multiple myeloma 1219
Myeloproliferative disorders 1221
Myelodysplastic syndromes 1222

Bone marrow 1216
Lymphadenopathy 1222
Lymphoma 1223
Febrile neutropenia 1225
Other oncologic emergencies 1227
Bone marrow transplantation 1229

Immune function disorders

Chapter 76

Hypersensitivity
Hypersensitivity reactions 1231
Hay fever 1232
Anaphylaxis 1232
Specific allergens 1236

Hypersensitivity reactions 1231
Immunological investigations 1237
Immune complex disease 1238
Polyarteritis nodosa 1239

Chapter 77

Immunomodulating therapies
Immunosuppressants 1241
Interferons 1244

Immunosuppressants 1241
Immune globulin therapy 1245
Plasmapheresis 1246

Chapter 78

Other disorders of immunity
Angioedema 1247
Mastocytosis 1248
Systemic lupus erythematosus 1249
Sarcoidosis 1251
Wegener’s granulomatosis 1252

Angioedema 1247
Other autoimmune inflammatory diseases 1253
Mastocytosis 1248
Amyloidosis 1255
Systemic lupus erythematosus 1249
Thymoma 1256
Sarcoidosis 1251
Immunodeficiency 1257
Wegener’s granulomatosis 1252
<table>
<thead>
<tr>
<th>Table of contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lyme disease 1345</td>
</tr>
</tbody>
</table>

**Chapter 86**  
**Other skin disorders**  
Leg ulcers 1347  
Skin tumours 1348  
Melanoma 1350

**Head & neck disorders**

**Chapter 87**  
**Ear disorders**  
ENT examination 1353  
Ear diseases 1354  
Diseases of the external ear 1356  
Diseases of the inner ear 1358

**Chapter 88**  
**Other ENT disorders**  
Acute sinusitis 1359  
Laryngeal anatomy 1361  
Sore throat 1362  
Epistaxis 1367  
Ingested foreign bodies 1370  
Stridor 1372  
Diseases of the external ear 1356  
Diseases of the inner ear 1358  
Oral conditions 1373

**Chapter 89**  
**Faciomaxillary disorders**  
Carcinoma of the head and neck 1374  
Salivary gland diseases 1374  
Dental emergencies 1376  
Odontogenic pain 1377  
Submandibular infection 1379  
Conditions of the head and neck 1380

**Eye disorders**

**Chapter 90**  
**Ocular assessment and trauma**  
Ocular examination 1383  
Ophthalmic medications and treatments 1387  
Ocular trauma 1388

**Chapter 91**  
**Other ocular disorders**  
The red eye 1393  
Diseases of the eyelid and orbit 1394  
Acute visual loss 1396  
Acute angle closure glaucoma 1399

**Out of hospital care**

**Chapter 92**  
**Prehospital care**  
Emergency medical systems 1401  
Efficacy of prehospital interventions 1401

**Chapter 93**  
**Disaster medicine**  
Disaster medicine 1404  
Counter disaster planning 1405  
Hospital disaster plan 1406  
On site management of mass casualties 1407  
Emergency department response to disasters 1409  
Critical resource failure 1411
Surge 1411

Chapter 94

Interhospital care
Interhospital transfer 1414
Patient preparation for transport 1415

Helicopter safety 1417

Trauma

Chapter 95

Principles of trauma
Epidemiology of trauma 1421
Trauma teams 1423
Trauma systems 1424
Psychological aspects of trauma care 1425

Patterns of injury 1426
Assessment of the trauma patient 1427
Management of the trauma patient 1429
Trauma scoring systems 1432

Chapter 96

Head trauma
Introduction 1434
Complications of head trauma 1435
Extradural and subdural haematoma 1438
Investigation of blunt head trauma 1440
Paediatric head trauma 1444

Management of head trauma 1445
Emergency craniotomy 1447
Head injury prognosis 1448
Hanging 1450

Chapter 97

Facial trauma
Faciomaxillary trauma 1452
Nasal trauma 1453
Mandibular trauma 1454
Zygomatico-maxillary trauma 1456

Dental trauma 1458
Intraoral lacerations 1460
Ear trauma 1460

Chapter 98

Neck and spinal trauma
Cerebrovascular trauma 1462
Cervical spine manipulation 1463
Laryngotracheal trauma 1463
Spinal immobilisation 1464

Cervical spine injuries 1465
Cervical spine fractures 1471
Thoracolumbar injuries 1474
Spinal cord injury 1476

Chapter 99

Thoracic trauma
Chest trauma 1481
Chest wall injuries 1481
Pulmonary injuries 1483

Mediastinal injuries 1487
Diaphragmatic injuries 1490

Chapter 100

Abdominal and pelvic trauma
Assessment of abdominal trauma 1492
Management of blunt abdominal trauma 1494
Spleenic trauma 1495
Liver trauma 1497
Bowel injuries 1498

Other retroperitoneal injuries 1499
Urogenital trauma 1500
Pelvic trauma 1504
Assessment of pelvic trauma 1507
Management of pelvic trauma 1508

Chapter 101

Penetrating trauma
Non gunshot penetrating trauma 1511
Penetrating head trauma 1512
Penetrating neck trauma 1512

Penetrating thoracic trauma 1514
Resuscitative thoracotomy 1516
Penetrating trauma to the trunk 1519
Penetrating trauma to the limbs 1520
Brachial plexus injuries 1522
Nerve injuries 1523

Chapter 102
Hand trauma
Hand anatomy 1530
Hand injuries 1531
Digital amputations 1532

Chapter 103
Other mechanisms of injury
Crush injury 1538
Compartment syndrome 1539

Chapter 104
Burns
Burns 1542
Burn wounds 1546

Chapter 105
Wound management
Classification of wounds 1552
Wound management 1552
Sutures 1555

Bone and joint disorders

Chapter 106
General orthopaedics
Anatomic principles 1561
Osteomyelitis 1562
Paediatric orthopaedic conditions 1564
Osteoporosis 1566

Chapter 107
Acute joint disorders
Assessment of joints 1571
Arthritis 1571
Monoarthritis 1572
Arthrocentesis 1572
Gout and pseudogout 1573

Chapter 108
Chronic arthritis
Osteoarthritis 1582
Rheumatoid arthritis 1583
Reynaud’s phenomenon 1586

Chapter 109
Principles of bone and joint trauma
Assessment of fractures & dislocations 1592
Assessment of the severely injured limb 1594
Management of fractures & dislocations 1595
Casting techniques 1597
Splintage technique and procedures 1599
Fracture mimics 1599
Fractures with names 1600

Chapter 110

Lower limb injuries

Hip joint 1601
Dislocations of the hip 1601
Femoral fractures 1603
Knee joint 1607
Knee dislocations 1609
Knee and leg fractures 1610
Ligament and cartilage injuries of the knee 1613
Soft tissue injuries around the knee 1615
Ankle joint 1615
Ankle injuries 1617
Talar and calcaneal fractures 1620
Foot fractures 1622
Soft tissue injuries of the ankle and foot 1625

Chapter 111

Upper limb injuries

Shoulder joint 1627
Glenohumeral joint dislocations 1628
Anterior shoulder dislocation management 1631
Shoulder and arm region injuries 1633
Soft tissue injuries of the shoulder region 1638
Elbow injuries 1639
Forearm injuries 1644
Wrist joint 1645
Dislocations around the wrist 1646
Distal forearm injuries 1647
Hand injuries 1651

Toxicology

Chapter 112

Principles of toxicology

Epidemiology of poisoning 1655
Risk assessment in poisoning 1656
Toxidromes 1658
Sodium channel blocking agents 1660
Potassium channel blocking agents 1661
Poisoning by unknown substances 1662
Management of poisoning 1663
Drug induced seizures 1664
Activated charcoal 1665
Other methods of GIT decontamination 1666
Extracorporeal elimination of toxic compounds 1668
Analytical toxicology 1670
Illicit drug use 1673

Chapter 113

Smoking and alcohols

Smoking 1676
Smoking cessation 1677
Ethanol 1679
Alcohol withdrawal 1683
Management of alcoholism 1684
Osmolality 1685
Ethylene glycol 1686
Methanol 1688
Other toxic alcohols 1690

Chapter 114

Analgesic toxicity

Paracetamol 1692
Salicylates 1697
Nonsteroidal anti-inflammatory drugs 1699

Chapter 115

Sedatives & muscarinic antagonists

Benzodiazepines 1702
Other sedative hypnotics 1703
Anti-muscarinic agents 1705
Anti-histamines 1706

Chapter 116

Drugs of abuse

Sympathomimetics 1709
Other drugs of abuse 1711
Cocaine 1712
Opioid agonists 1714
Opioid antagonists & partial agonists 1717
Clonidine 1719

Chapter 117
**Antidepressant & antipsychotic toxicity**
- Antidepressant toxicity 1720
- Monoamine oxidase inhibitors 1724
  Serotonin toxicity 1724
  Antipsychotic agents 1726

Chapter 118
**Cardiac medications**
- Beta-blockers 1729
  Digoxin 1732
- Calcium channel antagonists 1730

Chapter 119
**Other therapeutic drug toxicity**
- Anti-convulsant toxicity 1735
  Xanthines 1741
- Antibiotic toxicity 1736
  Gout medications 1742
- Chloroquine 1738
  Vitamin toxicity 1744
- Quinine 1739
  Ergot alkaloids 1745
- Isoniazid 1739

Chapter 120
**Toxic plants**
- Poisonous plants 1746
  Mushrooms 1747

Chapter 121
**Chemical agents**
- Corrosives 1750
  Paraquat 1762
- Organophosphates 1752
  Other herbicides 1764
- Other insecticides 1756
  Strychnine 1764
- Hydrocarbons 1757
  Cyanide 1765
- Terpenes 1760
  Met-haemoglobinaemia 1766
- Essential oils 1761

Chapter 122
**Toxic gases**
- Carbon monoxide 1768
  Capsicum spray 1773
- Other toxic inhalations 1770

Chapter 123
**Toxic metals**
- Iron 1775
  Mercury 1781
- Lithium 1777
  Chelating agents 1783
- Arsenic 1778
  Non ferrous metals 1785
- Lead 1779

Index

Appendix
- SI unit conversion table
- Paediatric resuscitation chart